



# HIGH PROFILE ADVENTURE CAMP



## 2017 Schedule

### Friday, April 7, 2017

- 3:00 – 6:00 p.m. Check In
- 6:00 – 6:30 p.m. Welcome and Camp Introduction
- 6:30 – 7:00 p.m. **Presentation – Adventure Racing – Gerry Voelliger**
- 7:00 – 8:00 p.m. **Presentation – Ropes – Gerry Voelliger/John Morris**
- 8:00 – 10:00 p.m. **Presentation – Introduction to Navigation - April / Ellie Hernann**
- 8:00 – 10:00 p.m. **Presentation – Advanced Navigation – Ron Stonitsch**

### Saturday, April 8, 2017

- 6:00 – 7:00 a.m. Buffet Breakfast – Hot
- 7:00 a.m. Leave for Mississippi Palisades State Park
- 7:30 a.m. Arrive at parking lot (south entrance off Highway 84)
- 8:00 – 11:00 a.m. Navigation Field Practice
- 11:00 – 12:00 p.m. Drive back to camp
- 11:00 – 12:00 p.m. Lunch on your own – Stop in Savanna
- 12:00 – 5:00 p.m. Field Practice – Ropes (Meet at 4 Points Lodge)
- 4:00 – 6:00 p.m. Check in for Race Only Participants
- 5:00 – 6:00 p.m. Break and Clean Up for Dinner
- 6:00 – 7:00 p.m. Taco Buffet Dinner
- 7:00 – 9:00 p.m. **Presentation - Robyn Benincasa - “How Winning Works: 8 Essential Leadership Lessons from the Toughest Teams on Earth”**
- 9:00 – 10:00 p.m. Lightning Strikes Adventure Race Briefing

### Sunday, April 9, 2017

- 5:00 – 7:00 a.m. Buffet Breakfast - Cold
- 7:00 a.m. 8 Hour Race Starts
- 9:00 a.m. 4 Hour Race Starts
- 1:00 p.m. 4 Hour Race Finish
- 3:00 p.m. 8 Hour Race Finish – All teams must be off course
- 3:00 – 5:00 p.m. Clean Up & Cabin Check Out